

ESSENTIALS FOR EFFECTIVE CAREGIVING



CAREGIVERS INVITED TO FREE CONFERENCE IN WARREN COUNTY



Do you accompany a parent to doctor appointments? Do you care for a child with a disability? Do you regularly check in on a friend with mental illness? If you answered yes to any of these questions, YOU are a caregiver.

You are not alone! There are more than 24,000 residents in Warren County serving as caregivers every day.

United Way Caregivers Coalition is here to help you on your caregiving journey. We are holding our **first Caregivers Conference in Warren County** this fall. Join us to learn valuable information from local experts and connect to local resources.

MARK YOUR CALENDARS FOR THIS FREE EVENT

Saturday, September 13, 2014

8:00am – 1:00pm

Warren County Community College

475 Route 57 West in Washington, NJ

KEYNOTE SPEAKER

Susan Lennon, Executive Director at Warren County Division of Aging and Disability Services, will share her caregiving story.



WORKSHOPS

- How the New Jersey Ombudsman can serve as your loved one's advocate
- Troubleshoot common challenges with adaptive equipment and home modifications
- Strategies for managing medications

RESPIRE CARE AVAILABLE

Complimentary respite care may be arranged through a licensed home care agency. Please call by August 15 for respite inquiries.



SPACE IS LIMITED – RESERVE YOUR SPOT TODAY!

A light complimentary breakfast and lunch will be provided.

For questions or to register, email Robin.Ennis@UnitedWayNNJ.org or call 1.888.338.9227.