



SPRINT TRIATHLON

Half Mile SWIM - 15 Mile BIKE - 3 Mile RUN

SATURDAY JULY 16th, 2016

8:00AM

Liberty, New Jersey

\$75 Registration Fee

<https://runsignup.com/Race/NJ/Liberty/TRIMountainLake>

Presented by MLCA and DASH Multisport LLC

Contact: 973-975-6001

DASHmultisport@gmail.com